



A weekly invitational profile series on professionals demonstrating excellence in the fields of law, healthcare & medicine, social services, business, finance, technology & education. Produced by [Proactive Resources](#) in the December 22, 2011 issue of *Creative Loafing*.



ATLANTA'S BEST INJURY & PAIN CLINIC

Located in the heart of Sandy Springs, **PERIMETER SPINE & REHABILITATION CENTER** is the foremost state-of-the-art, physical medicine & rehabilitation facility specializing in non-steroidal and non-surgical solutions to spinal disc and joint injuries. Because no single therapeutic approach can resolve all varieties of injuries that plague the human body, Perimeter Spine & Rehabilitation Center provides the combined expertise of medical doctors, physical therapists, neuromuscular therapists, chiropractors & exercise physiologists, working together in a TEAM approach to achieve optimal patient outcomes. The permanent relief of pain and restoration of function that patients desire is created through the team protocols designed to correct the true mechanism of injury, rather than merely treating its symptom.

The clinic's purpose is to help as many people as possible through natural alternatives to steroidal & surgical procedures, and its policy is to only accept patient cases whom the doctor/team knows that they can help. Please give Perimeter Spine & Rehabilitation Center a call today to see if you could be their next great success story.

Perimeter Spine & Rehabilitation Center
7100 Peachtree Dunwoody Rd, Ste #100, Atlanta, GA 30328
(404)396-2224
www.perimeterspine.com



DUAL BACKGROUND IN MENTAL HEALTH & LAW

ATTORNEY SHANNON V. ALEXANDER states that when it comes to the major life change of divorce, it is critical for clients to understand their legal rights. With six years of legal experience, Shannon is a former family therapist (Masters Degree in Counseling), who also practices collaborative divorce law and mediation.

By keeping clients informed and participatory throughout the process of divorce, Shannon works with her clients rather than for them. She believes the most important step towards a successful outcome in any family law dispute is to define clearly what each client's long-term objectives are. Then, she works closely with her clients to explore the various legal avenues available to reach those goals, whether they be litigation, collaborative divorce or mediation. Ultimately, it is the clients' objectives that define her course of legal action. Shannon believes it is important in family law to retain the most effective rather than the most aggressive attorney. Providing effective representation while balancing the emotional & financial costs of litigation is what sets her apart.

Attorney Shannon V. Alexander, PC
211 S Culver St, Lawrenceville, GA 30046
(678)825-3966
www.shannonvalexander.com



MEDICAL PRACTICE CONSULTING & EDUCATION

Where do you see your practice in 10 years? **THE PHYSICIANS PRACTICE S.O.S. GROUP™** is a healthcare consulting & education firm that provides practice assessment, new practice set-up, auditing & training to physicians and their staff. For more than 20 years, their consultants have helped healthcare providers across the country streamline their business processes and keep current with ever-changing healthcare guidelines.

Whether you're preparing for a Federal, State or Third Party Payer audit, searching for opportunities to expand your practice or need educational services, their consultants can provide the tools & training you need. Their extensive, quantitative analysis helps identify your practice's problem areas, as well as opportunities for expansion. Their consultants will help you & your staff understand the data collected and implement sustainable solutions. Seminars & workshops are designed to help your practice stay updated & compliant with the many complex healthcare issues.

Physicians Practice S.O.S. Group™ / Seminar and Office Solutions
4480 S Cobb Dr, Ste H-236, Atlanta, GA 30080
(770)333-9405
www.ppsosgroup.com



SOLUTION-ORIENTED PSYCHOTHERAPY

IRMA BEST, PHD, is a Licensed Psychologist who specializes in individual & couples counseling for all ages. She also invites men & women who have experienced psychological, physical and childhood trauma into her practice. She has more than 20 years of experience in intense exploration into the many issues that promote psychological, emotional and spiritual well-being. She explains that there are many common challenges people face in creating and maintaining closeness in relationships, achieving emotional stability and maintaining inner peace and happiness. Dr. Best also offers Executive Coaching to assist individuals to improve time management as well as explore & confront obstacles that may block the achievement of your desired career goals.

Dr. Best's clients learn to master their life by developing an in-depth understanding of who they are, learning how others perceive them, engaging the strengths they have to offer, and developing the confidence to take consistent action. She states that having self-awareness and managing troubling emotions are always key to create success at home, school and at work.

Irma Best, PhD
160 Clairemont Ave, #200, Decatur, GA 30030
(404)378-2098
www.novemgroup.com



Congratulations

to this year's honored business

PROACTIVE RESOURCES PRESENTS

**Physicians
Practice SOS
Group**

2012 Profile Series / Creative Loafing
www.proactiveresources.com

**PROFILE
SERIES**

THE BEST OF

2012

BEST OF

ATLANTA

Proactive Resources presents a weekly profile series on 36 of the top resources in Atlanta in the fields of medicine, law, business, finance, education, social services, religion and technology.